

MITCHELL JOHN C
Form 4
August 01, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
MITCHELL JOHN C

(Last) (First) (Middle)

52 SOUTH BROAD STREET

(Street)

NORWICH, NY 13815

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
NBT BANCORP INC [NBTB]

3. Date of Earliest Transaction
(Month/Day/Year)
07/31/2007

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner
☐ Officer (give title below) ☐ Other (specify below)

6. Individual or Joint/Group Filing(Check
Applicable Line)
☒ Form filed by One Reporting Person
☐ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---|---|---|--------------------------------------|---|--|---|---|
| NBT Bancorp Inc. Common Stock | 07/31/2007 | | S | 400 | D | \$ 18.2201 | 30,482.361 D |
| NBT Bancorp Inc. Common Stock | | | | | | 164,041 | I by Corporation |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount Underlying Securities (Instr. 3 and 4) |
|---|--|---|---|--------------------------------------|--|--|--|
| | | | | Code | V (A) (D) | Date Exercisable Expiration Date | Title Amount or Number of Shares |
| Non-Qualified Stock Option (right to buy) | \$ 14.3492 | | | | | 01/28/2003 ⁽¹⁾ 01/28/2012 | NBT Bancorp Inc. Common Stock 658 |
| Non-Qualified Stock Option (right to buy) | \$ 16.0625 | | | | | 01/22/2002 ⁽¹⁾ 01/22/2011 | NBT Bancorp Inc. Common Stock 350 |
| Non-Qualified Stock Option (right to buy) | \$ 17.6008 | | | | | 01/01/2004 ⁽¹⁾ 01/01/2013 | NBT Bancorp Inc. Common Stock 1,01 |
| Non-Qualified Stock Option (right to buy) | \$ 20.7492 | | | | | 05/01/2006 ⁽¹⁾ 05/01/2015 | NBT Bancorp Inc. Common Stock 1,75 |
| Non-Qualified Stock Option (right to buy) | \$ 21.74 | | | | | 05/01/2007 ⁽¹⁾ 05/01/2016 | NBT Bancorp Inc. Common Stock 1,62 |
| | \$ 22.1388 | | | | | 01/01/2005 ⁽¹⁾ 01/01/2014 | 1,43 |

| | | | | | |
|---|------------|---------------------------|------------|---|------|
| Non-Qualified Stock Option (right to buy) | | | | NBT Bancorp Inc. Common Stock | |
| Non-Qualified Stock Option (right to buy) | \$ 22.4842 | 05/01/2008 ⁽¹⁾ | 05/01/2017 | NBT Bancorp Inc. Common Stock | 1,80 |
| Non-Qualified Stock Option (right to buy) | \$ 23.2708 | 01/20/2006 ⁽¹⁾ | 01/20/2015 | NBT Bancorp Inc. Common Stock | 700 |
| Non-Qualified Stock Option (right to buy) | \$ 23.8325 | 11/10/2006 ⁽²⁾ | 11/10/2014 | NBT Bancorp Inc. Common Stock | 1,03 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|---|---------------|-----------|---------|-------|
| | Director | 10% Owner | Officer | Other |
| MITCHELL JOHN C 52 SOUTH BROAD STREET NORWICH, NY 13815 | X | | | |

Signatures

By: Michael J. Chewens, Power of Attorney For: John C. Mitchell 08/01/2007

 **Signature of Reporting Person

 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.