## Edgar Filing: NBT BANCORP INC - Form 4

NBT BANC Form 4	ORP INC												
January 03, 2	2008												
FORM	S SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL					
		JIAILO		shington						OMB Number:	3235-0287		
Check th if no long subject to Section 1 Form 4 o	<sup>ger</sup> <b>STATEM</b> 6.										Expires: January 31, 2005 Estimated average burden hours per response 0.5		
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section											
(Print or Type I	Responses)												
1. Name and Address of Reporting Person <u>*</u> CHEWENS MICHAEL J			2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [NBTB]						5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (N	/iddle)				-	DID	J	(Check all applicable)				
(Last) (First) (Middle) 52 SOUTH BROAD STREET (Street)			<ul><li>3. Date of Earliest Transaction</li><li>(Month/Day/Year)</li><li>01/02/2008</li></ul>					Director       10% Owner         Officer (give title       Other (specify below)         Senior EVP & CFO					
			4. If Amendment, Date Original					6. Individual or Jo	int/Group Filir	1g(Check			
Filed(M NORWICH, NY 13815				ed(Month/Day/Year)					Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting				
(City)		(Zip)	Tabl	a <b>I</b> Nam	Denter	. 4	<b>C</b>	•••••••	Person	Dau official	les Oerres et		
1.Title of	2. Transaction Date			3.				_	<b>uired, Disposed of</b> 5. Amount of	6. Ownership	-		
Security (Instr. 3)	(Month/Day/Year)	Execution any		Transact Code (Instr. 8)	tion(A) (Ins	or D			Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I) (Instr. 4)			
NBT Bancorp Inc. Common Stock	01/02/2008			Code V	V Am 1,9		(D) D	Price \$ 22.82	(Instr. 3 and 4) 9,786.773	D			
NBT Bancorp Inc. Common Stock									10,001.602	I	401k		
NBT Bancorp									2,664.951	Ι	NBT Bancorp		

Inc. Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 22.1715					01/01/2005 <u>(1)</u>	01/01/2014	NBT Bancorp Inc. Common Stock	17,0
Non-Qualified Stock Option (right to buy)	\$ 22.352					01/01/2007 <u>(1)</u>	01/01/2016	NBT Bancorp Inc. Common Stock	22,0
Non-Qualified Stock Option (right to buy)	\$ 23.2708					01/20/2006 <u>(1)</u>	01/20/2015	NBT Bancorp Inc. Common Stock	17,5
Non-Qualified Stock Option (right to buy)	\$ 25.762					01/01/2008(1)	01/01/2017	NBT Bancorp Inc. Common Stock	20,0

## **Reporting Owners**

Reporting Owner Nan	me / Address	Relationships						
		Director	10% Owner	Officer	Other			
CHEWENS MICHA 52 SOUTH BROAD NORWICH, NY 133	STREET			Senior EVP & CFO				
Signatures								
Michael J Chewens	01/	03/2008						
<u>**</u> Signature of Reporting Person		Date						

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.