NBT BANCORP INC

Form 4

January 03, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average

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Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

RAVEN DAVID E			Symbol						Issuer			
			NBT BANCORP INC [NBTB]					8]	(Check all applicable)			
(Last)	(First)	(Middle)		3. Date of Earliest Transaction								
52 SOUTH		(Month/Day/Year) 01/02/2008					Director 10% Owner X Officer (give title Other (specify below) President & CEO Pennstar					
	4. If Ame	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
Filed(Month/Day/Year)						Applicable Line)						
NORWICH	I, NY 13815								_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	le I - Non	ı-D	erivative	Secu	rities Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Execution	med on Date, if Day/Year)	Code (Instr. 8	3)	4. Securi on(A) or Di (Instr. 3,	spose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NBT				Code	V	Amount	(D)	Price				
Bancorp Inc. Common Stock	01/02/2008			F		1,537	D	\$ 22.82	17,265	D		
NBT Bancorp Inc. Common Stock									11,820.0999	I	401k	
NBT Bancorp									1,463.9257	I	NBT Bancorp	

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Inc. ESOP

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou Numb Shares
Non-Qualified Stock Option (right to buy)	\$ 11.6424					01/28/1998(1)	01/28/2007	NBT Bancorp Inc. Common Stock	0.
Non-Qualified Stock Option (right to buy)	\$ 16.0625					01/22/2002(1)	01/22/2011	NBT Bancorp Inc. Common Stock	17,4
Non-Qualified Stock Option (right to buy)	\$ 17.538					01/01/2004(1)	01/01/2013	NBT Bancorp Inc. Common Stock	18,4
Non-Qualified Stock Option (right to buy)	\$ 19.4886					07/07/2001(2)	07/07/2009	NBT Bancorp Inc. Common Stock	2,31:
Non-Qualified Stock Option (right to buy)	\$ 20.5952					01/26/2000(1)	01/26/2009	NBT Bancorp Inc.	5,1

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				Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.1715	01/01/2005(1)	01/01/2014	NBT Bancorp Inc. Common Stock	15,8
Non-Qualified Stock Option (right to buy)	\$ 22.352	01/01/2007(1)	01/01/2016	NBT Bancorp Inc. Common Stock	20,0
Non-Qualified Stock Option (right to buy)	\$ 23.1133	01/26/2007(2)	01/26/2015	NBT Bancorp Inc. Common Stock	1,5
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(1)	01/20/2015	NBT Bancorp Inc. Common Stock	16,2
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(1)	01/01/2017	NBT Bancorp Inc. Common Stock	19,0

Reporting Owners

Reporting Owner Name / Address			Keiauonsnips	
	Director	10% Owner	Officer	Other

RAVEN DAVID E

52 SOUTH BROAD STREET President & CEO Pennstar NORWICH, NY 13815

Signatures

By: Michael J. Chewens, Power of Attorney For: David E.
Raven
01/03/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)} \quad \text{Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests } 40\% \text{ for first year, } 20\% \text{ annually for following years.}$

Reporting Owners 3

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(2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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