#### **NBT BANCORP INC**

Form 4

January 04, 2008

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

DIETRICH MARTIN A		Symbol						Issuer			
NBT BANC			ANCO	NCORP INC [NBTB]				(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check un applicable)			
52 SOUTH BROAD STREET		(Month/Day/Year) 01/03/2008						_X_ Director 10% Owner X Officer (give title Other (specify below) President/CEO NBT Bancorp			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
NORWICH	, NY 13815								Person		
(City)	(State)	(Zip)	Table	e I - No	n-D	erivative S	Securi	ties Ac	quired, Disposed	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	emed on Date, if 'Day/Year)	Code (Instr.	8)	4. Securit nAcquired Disposed (Instr. 3,	l (A) o l of (D	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
NBT Bancorp Inc. Common Stock	01/03/2008			G	V	20	D	\$0	45,530.25	D	
NBT Bancorp Inc. Common Stock									13,851.332	I	401k
NBT Bancorp									755	I	Custodian for Minor

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Common

Stock

NBT

Bancorp			NBT
Inc.	8,364.82	I	Bancorp
Common			ESOP
Stock			

NBT

Bancorp

Inc. 6,000 I by Mother

Common Stock

NBT Bancorp

Inc. 848 I by Spouse

Common Stock

Stock Option

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 14.3492					01/28/2003(1)	01/28/2012	NBT Bancorp Inc. Common Stock	36,20
Non-Qualified	\$ 16.227					08/03/2003(2)	08/03/2011	NBT	4,34

Bancorp

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 17.538	01/01/2004(1)	01/01/2013	NBT Bancorp Inc. Common Stock	24,0
Non-Qualified Stock Option (right to buy)	\$ 20.5952	01/26/2000(1)	01/26/2009	NBT Bancorp Inc. Common Stock	15,54
Non-Qualified Stock Option (right to buy)	\$ 22.1715	01/01/2005(1)	01/01/2014	NBT Bancorp Inc. Common Stock	21,3
Non-Qualified Stock Option (right to buy)	\$ 22.205	02/11/2006(2)	02/11/2014	NBT Bancorp Inc. Common Stock	3,84
Non-Qualified Stock Option (right to buy)	\$ 22.352	01/01/2007(1)	01/01/2016	NBT Bancorp Inc. Common Stock	30,00
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(1)	01/20/2015	NBT Bancorp Inc. Common Stock	22,41
Non-Qualified Stock Option (right to buy)	\$ 24.4458	08/01/2007(2)	08/01/2015	NBT Bancorp Inc. Common Stock	6,47
Non-Qualified Stock Option (right to buy)	\$ 24.5692	12/27/2009(2)	12/27/2017	NBT Bancorp Inc. Common Stock	12,64
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(1)	01/01/2017	NBT Bancorp Inc.	28,00

Common Stock

# **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

Director 10% Owner Officer Other

DIETRICH MARTIN A

52 SOUTH BROAD STREET X President/CEO NBT Bancorp
NORWICH, NY 13815

**Signatures** 

By: Michael J. Chewens, Power of Attorney For: Martin A
Dietrich

01/04/2008

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 4