

NBT BANCORP INC  
Form 5  
January 16, 2008

**FORM 5**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

Check this box if  
no longer subject  
to Section 16.  
Form 4 or Form  
5 obligations  
may continue.  
See Instruction  
1(b).  
Form 3 Holdings  
Reported  
Form 4  
Transactions  
Reported

**ANNUAL STATEMENT OF CHANGES IN BENEFICIAL  
OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

## OMB APPROVAL

OMB  
Number: 3235-0362  
Expires: January 31,  
2005  
Estimated average  
burden hours per  
response... 1.0

1. Name and Address of Reporting Person \*  
**FORSYTHE DARYL R**

(Last) (First) (Middle)

**52 SOUTH BROAD STREET**

(Street)

**NORWICH, NY 13815**

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading  
Symbol  
**NBT BANCORP INC [NBTB]**

3. Statement for Issuer's Fiscal Year Ended  
(Month/Day/Year)  
**12/31/2007**

4. If Amendment, Date Original  
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner  
☐ Officer (give title below) ☐ Other (specify below)

6. Individual or Joint/Group Reporting

(check applicable line)

☒ Form Filed by One Reporting Person  
☐ Form Filed by More than One Reporting  
Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	12/31/2007	Â	J	210.252 A \$ 0 (1)	125,469.554 D	Â	
NBT Bancorp Inc. Common Stock	12/31/2007	Â	J	38.324 A \$ 0 (2)	1,114.993 I	NBT 401k/ESOP Plan	
	Â	Â	Â	Â Â Â 0	I		

NBT  
Bancorp  
Inc.  
Common  
Stock

NBT  
Bancorp  
ESOP

NBT  
Bancorp  
Inc.  
Common  
Stock

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1,842

I

by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 2270  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount Underlying Security (Instr. 3 and 4)
					(A) (D)	Date Exercisable Expiration Date	Title
Non-Qualified Stock Option (right to buy)	\$ 21.74	Â	Â	Â	Â Â	05/01/2007 <sup>(3)</sup> 05/01/2016	NBT Bancorp Inc. Common Stock
Non-Qualified Stock Option (right to buy)	\$ 22.1715	Â	Â	Â	Â Â	01/01/2005 <sup>(4)</sup> 01/01/2014	NBT Bancorp Inc. Common Stock
Non-Qualified Stock Option (right to buy)	\$ 22.3517	Â	Â	Â	Â Â	09/01/2006 <sup>(5)</sup> 09/01/2014	NBT Bancorp Inc. Common Stock
Non-Qualified Stock Option	\$ 22.4075	Â	Â	Â	Â Â	09/08/2006 <sup>(5)</sup> 09/08/2014	NBT Bancorp

(right to buy)

Non-Qualified  
Stock Option  
(right to buy)

\$ 22.4842

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05/01/2008<sup>(3)</sup>

05/01/2017

Inc.  
Common  
StockNBT  
Bancorp  
Inc.  
Common  
Stock

5

Non-Qualified  
Stock Option  
(right to buy)

\$ 23.2708

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01/20/2006<sup>(4)</sup>

01/20/2015

NBT  
Bancorp  
Inc.  
Common  
Stock

3

Non-Qualified  
Stock Option  
(right to buy)

\$ 23.7553

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07/01/2007<sup>(5)</sup>

07/01/2015

NBT  
Bancorp  
Inc.  
Common  
Stock

1

Non-Qualified  
Stock Option  
(right to buy)

\$ 23.8712

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07/05/2007<sup>(5)</sup>

07/05/2015

NBT  
Bancorp  
Inc.  
Common  
Stock

2

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FORSYTHE DARYL R 52 SOUTH BROAD STREET NORWICH, NY 13815	X			

## Signatures

By: Michael J. Chewens, Power of Attorney For: Daryl R.  
Forsythe

01/16/2008

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of 1/1/2007 to 12/31/2007.
- (2) Shares were purchased from 1/1/2007 through 12/31/2007 through NBT Bancorp Inc. 401k / ESOP Plan.
- (3) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

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(5) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

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