#### **NBT BANCORP INC**

Form 5

January 16, 2008

#### **OMB APPROVAL** FORM 5 **OMB**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

3235-0362 Number: January 31, Expires: 2005

no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box if

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response... 1.0

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

| 1. Name and Address of Reporting F | Person * | 2. Issuer Name and Ticker or Trading Symbol  | 5. Relationship of Reporting Person(s) to Issuer                                  |  |  |
|------------------------------------|----------|--|---|--|--|
| (Last) (First) (M                  | Aiddle)  | NBT BANCORP INC [NBTB]  3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)  12/31/2007 | (Check all applicable)  _X_ Director 10% Owner Officer (give title Other (specify |  |  |
| 52 SOUTH BROAD STREET              | T        |  | below) below)   |  |  |
| (Street)                           |          | 4. If Amendment, Date Original Filed(Month/Day/Year)   | 6. Individual or Joint/Group Reporting  (check applicable line)                   |  |  |

### NORWICH, NYÂ 13815

\_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person

| (City)                                    | (State)                              | (Zip) Ta  | erivative Securities Acquired, Disposed of, or Beneficially Owned |                        |     |  |  |   |   |
|---|--------------------------------------|---|---|------------------------|-----|--|--|---|---|
| 1.Title of<br>Security<br>(Instr. 3)      | 2. Transaction Date (Month/Day/Year) | 2A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code<br>(Instr. 8)                           | 4. Securities Acquired |     | 5. Amount of<br>Securities<br>Beneficially<br>Owned at end<br>of Issuer's<br>Fiscal Year<br>(Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |   |
| NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 12/21/2007                           | Â   | G   | Amount 2,100           | (D) | Price  | 28,382.361   | · · · ·   | Â |
| NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 12/31/2007                           | Â   | J   | 821.588                | A   | \$ 0<br>(1)  | 29,203.949   | D   | Â |
|   | Â                                    | Â   | Â   | Â                      | Â   | Â  | 164,041  | I   |   |

NBT by Bancorp Corporation

Inc.
Common

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code<br>(Instr. 8) | Number 1 |     | (Month/Day/Year) vative vities |                    | 7. Title and Amo<br>Underlying Secu<br>(Instr. 3 and 4) |
|---|---|--------------------------------------|---|---|----------|-----|--|--------------------|---|
|   |   |                                      |   |   | (A)      | (D) | Date Exercisable   | Expiration<br>Date | Aı or Title Nu of Sh                                    |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 14.3492  | Â                                    | Â   | Â                                       | Â        | Â   | 01/28/2003(2)  | 01/28/2012         | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock               |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 16.0625  | Â                                    | Â   | Â                                       | Â        | Â   | 01/22/2002(2)  | 01/22/2011         | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock               |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 17.6008  | Â                                    | Â   | Â                                       | Â        | Â   | 01/01/2004(2)  | 01/01/2013         | NBT<br>Bancorp<br>Inc. 1<br>Common<br>Stock             |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 20.7492  | Â                                    | Â   | Â                                       | Â        | Â   | 05/01/2006(2)  | 05/01/2015         | NBT<br>Bancorp<br>Inc. 1<br>Common<br>Stock             |
| Non-Qualified<br>Stock Option                       | \$ 21.74  | Â                                    | Â   | Â                                       | Â        | Â   | 05/01/2007(2)  | 05/01/2016         | NBT 1<br>Bancorp  |

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| (right to buy)                                  |            |   |   |   |   |   |               |            | Inc.<br>Common<br>Stock                   |   |
|---|------------|---|---|---|---|---|---------------|------------|---|---|
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 22.1388 | Â | Â | Â | Â | Â | 01/01/2005(2) | 01/01/2014 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 1 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 22.4842 | Â | Â | Â | Â | Â | 05/01/2008(2) | 05/01/2017 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | ] |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 23.2708 | Â | Â | Â | Â | Â | 01/20/2006(2) | 01/20/2015 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock |   |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 23.8325 | Â | Â | Â | Â | Â | 11/10/2006(3) | 11/10/2014 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 1 |

# **Reporting Owners**

| Reporting Owner Name / Address                                | Relationships |           |         |       |  |  |  |  |
|---|---------------|-----------|---------|-------|--|--|--|--|
| 1   | Director      | 10% Owner | Officer | Other |  |  |  |  |
| MITCHELL JOHN C<br>52 SOUTH BROAD STREET<br>NORWICH, NY 13815 | ÂX            | Â         | Â       | Â     |  |  |  |  |

## **Signatures**

By: Michael J. Chewens, Power of Attorney For: John C.
Mitchell
01/16/2008

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2007 to December 31, 2007 at prices ranging from \$22.6543 to \$23.7832 per share.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

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