NBT BANCORP INC

Form 4

August 07, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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January 31,

2005

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

See Instruction

1(b).

NBT Bancorp Inc.

Common Stock **NBT**

Bancorp

(Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading DIETRICH MARTIN A Issuer Symbol NBT BANCORP INC [NBTB] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner X_ Officer (give title Other (specify **52 SOUTH BROAD STREET** 08/06/2008 below) below) President/CEO NBT Bancorp (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting NORWICH, NY 13815 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities Form: Direct Indirect (Instr. 3) any Code Disposed of (D) Beneficially (D) or Beneficial (Instr. 3, 4 and 5) Indirect (I) Ownership (Month/Day/Year) (Instr. 8) Owned Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price **NBT** Bancorp 08/06/2008 G V 4,000 \$0 51,716.301 D Inc. D Common Stock

14,529.77

755

I

I

401k

Custodian

for Minor

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Inc.	
~	

Common

Stock

NBT

Bancorp			NBT
Inc.	8,711.927	I	Bancorp
Common			ESOP
Stock			

NBT

Bancorp

Inc. 6,000 I by Mother

Common

Stock

NBT Bancorp

Inc. 848 I by Spouse

Common Stock

Stock Option

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any	Date, if TransactionNumber Expiration Date Code of (Month/Day/Year)		Number Expiration Date of (Month/Day/Year) Derivative Securities Acquired A) or Disposed of (D) Instr. 3,		7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 14.3492					01/28/2003(1)	01/28/2012	NBT Bancorp Inc. Common Stock	36,20
Non-Qualified	\$ 16.227					08/03/2003(2)	08/03/2011	NBT	4,34

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 17.538	01/01/2004(1)	01/01/2013	NBT Bancorp Inc. Common Stock	24,00
Non-Qualified Stock Option (right to buy)	\$ 20.3617	01/15/2009(1)	01/15/2018	NBT Bancorp Inc. Common Stock	25,00
Non-Qualified Stock Option (right to buy)	\$ 20.5952	01/26/2000(1)	01/26/2009	NBT Bancorp Inc. Common Stock	15,54
Non-Qualified Stock Option (right to buy)	\$ 22.1715	01/01/2005(1)	01/01/2014	NBT Bancorp Inc. Common Stock	21,3
Non-Qualified Stock Option (right to buy)	\$ 22.205	02/11/2006(2)	02/11/2014	NBT Bancorp Inc. Common Stock	3,84
Non-Qualified Stock Option (right to buy)	\$ 22.352	01/01/2007(1)	01/01/2016	NBT Bancorp Inc. Common Stock	30,00
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(1)	01/20/2015	NBT Bancorp Inc. Common Stock	22,41
Non-Qualified Stock Option (right to buy)	\$ 24.4458	08/01/2007(2)	08/01/2015	NBT Bancorp Inc. Common Stock	6,47
Non-Qualified Stock Option (right to buy)	\$ 24.5692	12/27/2009(2)	12/27/2017	NBT Bancorp Inc.	12,64

Common Stock

NBT

Bancorp

 $01/01/2008_{\underline{(1)}} \quad 01/01/2017$

Inc. Common Stock

28,0

Non-Qualified \$ 25.762 **Stock Option** (right to buy)

Reporting Owners

Relationships Reporting Owner Name / Address

X

Director 10% Owner Officer Other

DIETRICH MARTIN A **52 SOUTH BROAD STREET** NORWICH, NY 13815

President/CEO NBT Bancorp

Signatures

By: Michael J. Chewens, Power of Attorney For: Martin A Dietrich

08/07/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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