MURPHY MICHAEL M

Form 4

November 14, 2008

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

OMB 3235-0287 Number:

> January 31, 2005

Estimated average

burden hours per 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

response...

Expires:

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Washington, D.C. 20549

SECURITIES

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MURPHY MICHAEL M

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

NBT BANCORP INC [NBTB]

(Check all applicable)

(Last) (First) (Middle)

(Street)

3. Date of Earliest Transaction (Month/Day/Year)

11/12/2008

_X__ Director 10% Owner Other (specify Officer (give title below)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

52 SOUTH BROAD STREET

4. If Amendment, Date Original

Filed(Month/Day/Year)

NORWICH, NY 13815

(City)

(State)	(Zip)	Table I - 1	Non-Derivative Securities Acqui	red, Disposed o	of, or Beneficial	ly Owned
2. Transaction Date	2A. Deemed	3.	4. Securities Acquired (A)	5. Amount of	6.	7. Nature o
(Month/Day/Year)	Execution Date,	, if Tran	sactiomr Disposed of (D)	Securities	Ownership	Indirect

1.Title of	2. Transaction Date		3.			quired (A)	5. Amount of	6.	7. Nature of
Security	(Month/Day/Year)	Execution Date, if		Fransaction Disposed of (D)		Securities	Ownership	Indirect	
(Instr. 3)		any (Month/Day/Year)	Code (Instr. 8)	(Instr. 3, 4 and 5) (A)		Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
NBT Bancorp Inc. Common	11/12/2008		S	2,537	D	\$ 25	34,920.171	D	
Stock									
NBT Bancorp Inc. Common Stock	11/13/2008		S	25,358	D	\$ 24.128	9,562.171	D	
NBT Bancorp	11/13/2008		S	1,000	D	\$ 24.75	8,562.171	D	

Edgar Filing: MURPHY MICHAEL M - Form 4

Inc.

Common

Stock

NBT

Bancorp

Inc. 11/12/2008 S 1,635 D $\frac{$25.07}{(1)}$ 0 I Spouse

Common Stock

1. Title of

Derivative

2.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date

4.

5.

Security (Instr. 3)	or Exercise Price of Derivative Security	any (Month/Day/Year)	Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		r)	(Instr. 3 and	4)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Non-Qualified Stock Option (right to buy)	\$ 18.3408				08/08/2009(2)	08/08/2017	NBT Bancorp Inc. Common Stock	100
Non-Qualified Stock Option (right to buy)	\$ 20.7492				05/01/2006(3)	05/01/2015	NBT Bancorp Inc. Common Stock	300
Non-Qualified Stock Option (right to buy)	\$ 21.74				05/01/2007(3)	05/01/2016	NBT Bancorp Inc. Common Stock	1,50
	\$ 22.1542				02/02/2006(2)	02/02/2014		1,00

7. Title and Amount

Underlying Securitie

Edgar Filing: MURPHY MICHAEL M - Form 4

		Lugar Filling. MOTH TTT MIONALL M-101114			
Non-Qualified Stock Option (right to buy)				NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4842	05/01/2008 <u>(3)</u>	05/01/2017	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 22.5508	05/01/2009 <u>(3)</u>	05/01/2018	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 23.05	01/28/2007 <u>(2)</u>	01/28/2015	NBT Bancorp Inc. Common Stock	100
Non-Qualified Stock Option (right to buy)	\$ 23.1133	01/26/2007 <u>(2)</u>	01/26/2015	NBT Bancorp Inc. Common Stock	400
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006 <u>(3)</u>	01/20/2015	NBT Bancorp Inc. Common	630

Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
Topolonia o militari	Director	10% Owner	Officer	Other		
MURPHY MICHAEL M 52 SOUTH BROAD STREET NORWICH, NY 13815	X					

Signatures

By: Michael J. Chewens, Power of Attorney For: Michael M.
Murphy

11/13/2008

**Signature of Reporting Person Date

Reporting Owners 3

Edgar Filing: MURPHY MICHAEL M - Form 4

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale price is an average of 735 shares sold at \$ 25.00, 500 shares sold at \$ 25.17, 300 shares sold at \$ 25.10 and 100 shares sold at \$ 25.02.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.
- (3) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.