NBT BANCORP INC

Form 5

January 26, 2009

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number:

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Reported Form 4

30(h) of the Investment Company Act of 1940

Transactions

Reported

1. Name and Addres MURPHY MICH	s of Reporting Person * HAEL M	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (Description of the Control o	First) (Middle) OAD STREET	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2008	(Check all applicable) _X Director 10% Owner Officer (give title below) Other (specify below)		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Reporting (check applicable line)		

NORWICH, NYÂ 13815

(State)

(Zip)

(City)

X Form Filed by One Reporting Person Form Filed by More than One Reporting

• • • • • • • • • • • • • • • • • • • •	, ,	1 abic	e I - Non-Deri	vative Sect	uriues A	cquii	rea, Disposea oi	, or Beneficiali	y Ownea	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
NDT				Amount	(A) or (D) F	Price	(Instr. 3 and 4)			
NBT Bancorp Inc. Common Stock	12/31/2008	Â	J	26.829	A (\$ 0 (1)	8,589	D	Â	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table I - Non-Darivative Securities Acquired Disposed of or Reneficially Owned

SEC 2270 (9-02)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		vative rities nired or osed o) r. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Ai or Title Nu of Sh	
Non-Qualified Stock Option (right to buy)	\$ 18.3408	Â	Â	Â	Â	Â	08/08/2009(2)	08/08/2017	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 20.7492	Â	Â	Â	Â	Â	05/01/2006(3)	05/01/2015	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 21.74	Â	Â	Â	Â	Â	05/01/2007(3)	05/01/2016	NBT Bancorp Inc. 1 Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.1542	Â	Â	Â	Â	Â	02/02/2006(2)	02/02/2014	NBT Bancorp Inc. 1 Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4842	Â	Â	Â	Â	Â	05/01/2008(3)	05/01/2017	NBT Bancorp Inc. 1 Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.5508	Â	Â	Â	Â	Â	05/01/2009(3)	05/01/2018	NBT Bancorp Inc. 1 Common Stock	
	\$ 23.05	Â	Â	Â	Â	Â	01/28/2007(2)	01/28/2015		

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Non-Qualified Stock Option (right to buy)								NBT Bancorp Inc. Common Stock
Non-Qualified Stock Option (right to buy)	\$ 23.1133 Â	Â	Â	Â	Â	01/26/2007(2)	01/26/2015	NBT Bancorp Inc. Common Stock
Non-Qualified Stock Option (right to buy)	\$ 23.2708 Â	Â	Â	Â	Â	01/20/2006(3)	01/20/2015	NBT Bancorp Inc. Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships								
1 8	Director	10% Owner	Officer	Other					
MURPHY MICHAEL M 52 SOUTH BROAD STREET NORWICH. NY 13815	ÂX	Â	Â	Â					

Signatures

By: Michael J. Chewens, Power of Attorney For: Michael M.
Murphy
01/26/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2008 to December 31, 2008 at prices ranging from \$21.1468 to \$26.8782 per share.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.
- (3) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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