RAVEN DAVID E

Form 5

January 30, 2009

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number: January 31,

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL

2005 Estimated average burden hours per

Expires:

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

OWNERSHIP OF SECURITIES

response... 1.0

Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4

1(b).

Transactions Reported

30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

RAVEN DAVID E

NBT BANCORP INC [NBTB]

(Check all applicable)

(Last) (First)

52 SOUTH BROAD STREET

3. Statement for Issuer's Fiscal Year Ended

Director 10% Owner Other (specify

(Month/Day/Year)

(Middle)

X Officer (give title below) below)

12/31/2008

President & CEO Pennstar 6. Individual or Joint/Group Reporting

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

(check applicable line)

NORWICH, ÂNYÂ 13815

X Form Filed by One Reporting Person Form Filed by More than One Reporting

Person

(City)	(State)	(Zip) Ta	ble I - Non-De	erivative Secu	rities A	Acquire	ed, Disposed of, o	r Beneficially	Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	Ownership y Form: end Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NDT				Amount	or (D)	Price	(Instr. 3 and 4)	(I) (Instr. 4)	
NBT Bancorp Inc. Common Stock	12/31/2008	Â	J	0.032	A	\$ 0 (1)	19,034.032	D	Â
NBT Bancorp Inc. Common Stock	12/31/2008	Â	J	1,173.037	A	\$ 0 (2)	14,248.4749	I	401k

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
					(A) (I))	Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Qualified Stock Option (right to buy)	\$ 17.538	Â	Â	Â	Â	À	01/01/2004(4)	01/01/2013	NBT Bancorp Inc. Common Stock	18
Non-Qualified Stock Option (right to buy)	\$ 20.3617	Â	Â	Â	Â	À	01/15/2009(4)	01/15/2018	NBT Bancorp Inc. Common Stock	1′
Non-Qualified Stock Option (right to buy)	\$ 22.1715	Â	Â	Â	Â	À	01/01/2005(4)	01/01/2014	NBT Bancorp Inc. Common Stock	1:
Non-Qualified Stock Option (right to buy)	\$ 22.352	Â	Â	Â	Â	À	01/01/2007(4)	01/01/2016	NBT Bancorp Inc. Common Stock	20
Non-Qualified Stock Option	\$ 23.1133	Â	Â	Â	Â	À	01/26/2007(5)	01/26/2015	NBT Bancorp	1

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(right to buy)									Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 23.2708	Â	Â	Â	Â	Â	01/20/2006(4)	01/20/2015	NBT Bancorp Inc. Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 25.762	Â	Â	Â	Â	Â	01/01/2008(4)	01/01/2017	NBT Bancorp Inc. Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships						
·L	Director	10% Owner	Officer	Other			
RAVEN DAVID E 52 SOUTH BROAD STREET NORWICH, NY 13815	Â	Â	President & CEO Pennstar	Â			

Signatures

By: Michael J. Chewens, Power of Attorney For: David E.
Raven
01/30/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2008 to December 31, 2008 at prices ranging from \$21.1468 to \$26.8782 per share.
- (2) Shares were purchased from 1/1/2008 through 12/31/2008 through NBT Bancorp Inc. 401k Plan.
- (3) Shares were purchased from 1/1/2008 through 12/31/2008 through NBT Bancorp Inc. ESOP Plan.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (5) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3