SANTANGELO JOSEPH A

Form 4 May 04, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

January 31, Expires:

OMB APPROVAL

2005

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common Stock

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * SANTANGELO JOSEPH A			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]				5. Relationship of Reporting Person(s) to Issuer			
(Last) 52 SOUTH	(First) (I	(Mo	Date of Earliest Transaction (onth/Day/Year) (30/2009				(Check all applicable) _X_ Director 10% Owner Officer (give title Other (specify below)			
NORWICH	(Street)		Amendment, Da l(Month/Day/Year	_	l		Applicable Line) _X_ Form filed by	Joint/Group Filing y One Reporting Po y More than One Ro	erson	
(City)	(State)	(Zip)	Table I - Non-D	erivative S	Securi	ties Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code	4. SecurionAcquired Disposed (Instr. 3,	(A) od (A) od of (D) 4 and (A) or)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Bancorp						Φ.Ω				
Inc.	04/30/2009		A	845	A	\$0	15,130	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(1)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year			7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares	
Non-Qualified Stock Option (right to buy)	\$ 14.3492				()	01/28/2003(2)	01/28/2012	NBT Bancorp Inc. Common Stock	1,75	
Non-Qualified Stock Option (right to buy)	\$ 17.6008					01/01/2004(2)	01/01/2013	NBT Bancorp Inc. Common Stock	1,50	
Non-Qualified Stock Option (right to buy)	\$ 20.7492					05/01/2006(2)	05/01/2015	NBT Bancorp Inc. Common Stock	1,50	
Non-Qualified Stock Option (right to buy)	\$ 21.74					05/01/2007(2)	05/01/2016	NBT Bancorp Inc. Common Stock	1,50	
Non-Qualified Stock Option (right to buy)	\$ 22.1388					01/01/2005(2)	01/01/2014	NBT Bancorp Inc. Common Stock	1,50	
Non-Qualified Stock Option (right to buy)	\$ 22.4842					05/01/2008(2)	05/01/2017	NBT Bancorp Inc. Common Stock	1,50	
	\$ 22.5508					05/01/2009(2)	05/01/2018		1,50	

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 Non-Qualified
 NBT

 Stock Option
 Bancorp

 (right to buy)
 Inc.

 Common Stock
 Stock

 Non-Qualified
 NBT

 Non-Qualified Stock Option
 \$ 23.2708
 01/20/2006(2) 01/20/2015
 Inc.

01/20/2006(2) 01/20/2015 Inc. Common Stock 630

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

SANTANGELO JOSEPH A
52 SOUTH BROAD STREET X

NORWICH, NY 13815

Signatures

(right to buy)

By: Michael J. Chewens, Power of Attorney For: Joseph A.
Santangelo

05/04/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Acquired pursuant to the formula provisions of the NBT Bancorp Inc. Omnibus Incentive Plan pursuant to which each outside director is entitled to receive an annual retainer for Board service in the form of restricted shares of the Company's common stock rather than cash that vests in three annual installments.
- Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3