#### MURPHY MICHAEL M

Form 4

November 16, 2009

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL OMB** 

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Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person \* MURPHY MICHAEL M

(First)

(Street)

(Middle)

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

NBT BANCORP INC [NBTB]

3. Date of Earliest Transaction

(Month/Day/Year) 11/13/2009

(Check all applicable)

\_X\_\_ Director 10% Owner Other (specify Officer (give title below)

52 SOUTH BROAD STREET

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting Person

NORWICH, NY 13815

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(City)	(State)	(Zip) Tabl	e I - Non-D	Perivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
NBT Bancorp Inc. Common Stock	11/13/2009		P	4,165	A	\$ 20.65	13,599	D	
NBT Bancorp Inc. Common Stock	11/13/2009		P	2,950	A	\$ 20.65	2,950	I	by Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

# $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and A Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Non-Qualified Stock Option (right to buy)	\$ 18.3408					08/08/2009(1)	08/08/2017	NBT Bancorp Inc. Common Stock	100
Non-Qualified Stock Option (right to buy)	\$ 20.7492					05/01/2006(2)	05/01/2015	NBT Bancorp Inc. Common Stock	300
Non-Qualified Stock Option (right to buy)	\$ 21.74					05/01/2007(2)	05/01/2016	NBT Bancorp Inc. Common Stock	1,50
Non-Qualified Stock Option (right to buy)	\$ 22.1542					02/02/2006(1)	02/02/2014	NBT Bancorp Inc. Common Stock	1,00
Non-Qualified Stock Option (right to buy)	\$ 22.4842					05/01/2008(2)	05/01/2017	NBT Bancorp Inc. Common Stock	1,50
	\$ 22.5508					05/01/2009(2)	05/01/2018		1,50

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Non-Qualified Stock Option (right to buy)				NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 23.05	01/28/2007(1)	01/28/2015	NBT Bancorp Inc. Common Stock	10
Non-Qualified Stock Option (right to buy)	\$ 23.1133	01/26/2007(1)	01/26/2015	NBT Bancorp Inc. Common Stock	40
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(2)	01/20/2015	NBT Bancorp Inc. Common Stock	63

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
Topolonia o militari	Director	10% Owner	Officer	Other		
MURPHY MICHAEL M 52 SOUTH BROAD STREET NORWICH, NY 13815	X					

# **Signatures**

By: Michael J. Chewens, Power of Attorney For: Michael M.
Murphy

11/16/2009

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.
- Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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