#### DIETRICH MARTIN A

Form 4

January 24, 2011

# FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

5. Relationship of Reporting Person(s) to

3235-0287

January 31, Expires:

**OMB APPROVAL** 

2005

0.5

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Bancorp

(Print or Type Responses)

1. Name and Address of Reporting Person \*

| DIETRICH MARTIN A  (Last) (First) (Middle)  52 SOUTH BROAD STREET |   |                                   |                | Symbol NBT BANCORP INC [NBTB] 3. Date of Earliest Transaction (Month/Day/Year) 01/19/2011 |                                    |    |                                    |        | 5   | Issuer  (Check all applicable) X Director 10% OwnerX Officer (give title Other (specify below)  President & CEO NBT Bancorp                    |  |           |  |  |
|---|---|-----------------------------------|----------------|---|------------------------------------|----|------------------------------------|--------|-----|--|--|-----------|--|--|
|   |   |                                   |                |   |                                    |    |                                    |        |     |  |  |           |  |  |
| (Street) NORWICH, NY 13815  |   |                                   |                | 4. If Amendment, Date Original Filed(Month/Day/Year)                                      |                                    |    |                                    |        |     | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person |  |           |  |  |
|   | (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned |                                   |                |   |                                    |    |                                    |        |     |  |  |           |  |  |
|   | 1.Title of<br>Security<br>(Instr. 3)<br>NBT<br>Bancorp  | 2. Transaction I<br>(Month/Day/Ye | ear) Execution | emed<br>on Date, if<br>/Day/Year)   | 3.<br>Transa<br>Code<br>(Instr. 3) | 8) | n(A) or Dis<br>(D)<br>(Instr. 3, 4 | sposed | of  | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4)                             | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) |           |  |  |
|   | Inc. Common Stock   | 01/19/2011                        |                |   | A                                  |    | 20,000                             | A      | \$0 | 98,269.766   | D  |           |  |  |
|   | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock   |                                   |                |   |                                    |    |                                    |        |     | 16,379.243   | I  | 401k      |  |  |
|   | NBT   |                                   |                |   |                                    |    |                                    |        |     | 755  | I  | Custodian |  |  |

for Minor

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Inc.

Common

Stock

**NBT** 

Bancorp NBT Inc. 9,612.386 I Bancorp ESOP

Stock

NBT

Bancorp

Inc. 848 I by Spouse

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date, if<br>any<br>(Month/Day/Year) | 4.<br>Transactic<br>Code<br>(Instr. 8) | 5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisab<br>Expiration Date<br>(Month/Day/Year |                    | 7. Title and A Underlying S (Instr. 3 and | Securitie                    |
|---|--|---|---|--|---|---|--------------------|---|------------------------------|
|   |  |   |   | Code V                                 | (A) (D)   | Date Exercisable  | Expiration<br>Date | Title                                     | Amou<br>or<br>Numb<br>of Sha |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 14.3492   |   |   |  |   | 01/28/2003  | 01/28/2012         | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 30,00                        |
| Non-Qualified<br>Stock Option<br>(right to buy)     | \$ 17.538  |   |   |  |   | 01/01/2004(2)   | 01/01/2013         | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 24,00                        |
| Non-Qualified<br>Stock Option                       | \$ 20.19   |   |   |  |   | 01/15/2011(3)   | 01/15/2020         | NBT<br>Bancorp                            | 25,00                        |

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| (right to buy)                                  |            |               |            | Inc.<br>Common<br>Stock                   |       |
|---|------------|---------------|------------|---|-------|
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 20.3617 | 01/15/2009(2) | 01/15/2018 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 25,0  |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 22.1715 | 01/01/2005(2) | 01/01/2014 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 21,3  |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 22.205  | 02/11/2006(4) | 02/11/2014 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 3,84  |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 22.352  | 01/01/2007(2) | 01/01/2016 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 30,00 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 23.2708 | 01/20/2006(2) | 01/20/2015 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 22,41 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 24.4458 | 08/01/2007(4) | 08/01/2015 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 6,47  |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 24.5692 | 12/27/2009(4) | 12/27/2017 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 12,64 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 25.38   | 01/15/2010(3) | 01/15/2019 | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock | 25,00 |
| Non-Qualified<br>Stock Option<br>(right to buy) | \$ 25.762  | 01/01/2008(2) | 01/01/2017 | NBT<br>Bancorp<br>Inc.                    | 28,0  |

## **Reporting Owners**

Reporting Owner Name / Address Relationships

X

Director 10% Owner Officer Other

DIETRICH MARTIN A 52 SOUTH BROAD STREET NORWICH, NY 13815

President & CEO NBT Bancorp

## Signatures

By: F. Sheldon Prentice, Power of Attorney For: Martin A Dietrich

01/24/2011

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
  - Pursuant to NBT Bancorp Inc. Omnibus Incentive Plan Long-Term Performance-Based Stock Award Agreement. Selected members of
- (1) Management are entitled to receive an award based on Company performance goals in the form of restricted stock awards that become 100% vested at the end of the Performance Measurement Period.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

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Reporting Owners 4