DIETRICH MARTIN A

Form 4

February 09, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

burden hours per 0.5 response...

See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person ** DIETRICH MARTIN A | | | 2. Issuer Name and Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer | | | |
|--|----------|----------|---|---|--|--|--|
| (Last) (First) (Middle) 52 SOUTH BROAD STREET | | (Middle) | NBT BANCORP INC [NBTB] 3. Date of Earliest Transaction | (Check all applicable) | | | |
| | | REET | (Month/Day/Year) 02/09/2011 | _X Director 10% Owner _X Officer (give title Other (specify below) President & CEO NBT Bancorp | | | |
| | (Street) | | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person | | | |
| NORWICH, | NY 13815 | | | Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | Table I Non Dominatine Committee A | | | | |

| (City) | (State) | (Zip) Tabl | e I - Non-D | Derivative | Secur | ities Ac | quired, Disposed | of, or Beneficia | ally Owned |
|---|--|------------|---|-------------------|------------------|--|--|---|---------------------|
| 1.Title of Security (Instr. 3) | 2. Transaction Date 2A. Deemed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) | | | Securities Beneficially Owned Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| NBT | | | Code V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | |
| Bancorp Inc. Common Stock | 02/09/2011 | | S | 2,554 | D | \$ 24.4 (1) | 95,715.766 | D | |
| NBT Bancorp Inc. Common Stock | | | | | | | 16,379.243 | I | 401k |
| NBT Bancorp | | | | | | | 755 | I | Custodian for Minor |

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Inc.

Common

Stock

NBT

Bancorp Inc. 9,612.386 I Bancorp Common ESOP

Stock

NBT

Bancorp

Inc. 848 I by Spouse

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | 5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisab Expiration Date (Month/Day/Year | | 7. Title and Amount Underlying Securitie (Instr. 3 and 4) | |
|---|---|---|---|--|---|---|--------------------|---|------------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amou or Numb of Sha |
| Non-Qualified Stock Option (right to buy) | \$ 14.3492 | | | | | 01/28/2003 | 01/28/2012 | NBT Bancorp Inc. Common Stock | 30,00 |
| Non-Qualified Stock Option (right to buy) | \$ 17.538 | | | | | 01/01/2004(2) | 01/01/2013 | NBT Bancorp Inc. Common Stock | 24,00 |
| Non-Qualified Stock Option | \$ 20.19 | | | | | 01/15/2011(3) | 01/15/2020 | NBT Bancorp | 25,00 |

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| (right to buy) | | | | Inc. Common Stock | |
|---|------------|---------------|------------|---|-------|
| Non-Qualified Stock Option (right to buy) | \$ 20.3617 | 01/15/2009(2) | 01/15/2018 | NBT Bancorp Inc. Common Stock | 25,0 |
| Non-Qualified Stock Option (right to buy) | \$ 22.1715 | 01/01/2005(2) | 01/01/2014 | NBT Bancorp Inc. Common Stock | 21,3 |
| Non-Qualified Stock Option (right to buy) | \$ 22.205 | 02/11/2006(4) | 02/11/2014 | NBT Bancorp Inc. Common Stock | 3,84 |
| Non-Qualified Stock Option (right to buy) | \$ 22.352 | 01/01/2007(2) | 01/01/2016 | NBT Bancorp Inc. Common Stock | 30,00 |
| Non-Qualified Stock Option (right to buy) | \$ 23.2708 | 01/20/2006(2) | 01/20/2015 | NBT Bancorp Inc. Common Stock | 22,41 |
| Non-Qualified Stock Option (right to buy) | \$ 24.4458 | 08/01/2007(4) | 08/01/2015 | NBT Bancorp Inc. Common Stock | 6,47 |
| Non-Qualified Stock Option (right to buy) | \$ 24.5692 | 12/27/2009(4) | 12/27/2017 | NBT Bancorp Inc. Common Stock | 12,64 |
| Non-Qualified Stock Option (right to buy) | \$ 25.38 | 01/15/2010(3) | 01/15/2019 | NBT Bancorp Inc. Common Stock | 25,00 |
| Non-Qualified Stock Option (right to buy) | \$ 25.762 | 01/01/2008(2) | 01/01/2017 | NBT Bancorp Inc. | 28,0 |

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Director 10% Owner Officer Other

DIETRICH MARTIN A 52 SOUTH BROAD STREET NORWICH, NY 13815

President & CEO NBT Bancorp

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Martin A Dietrich

02/09/2011

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

X

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Mr. Dietrich maintains a 10b5-1 plan ("the Plan") pursuant to which the Company's shares are sold. E*Trade Securities LLC inadvertently omitted to sell 2,554 shares as called for by the Plan on January 3, 2011 for which the market price of the instant securities
- (1) was \$24.40 per share. E*Trade Securities LLC has credited Mr. Dietrich's account with the price of the instant securities at \$24.40 per share instead of the current price of \$23.42 per share.
- (2) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- (3) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

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Reporting Owners 4