NBT BANCORP INC

Form 5

Stock

February 12, 2014

February 12,	2014										
FORM	15							OMB A	PPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB Number:	3235-0362		
Check this no longer		Was	shington, D	.C. 20549)			Expires:	January 31,		
to Section Form 4 or 5 obligatio may contin	16. Form ANN ons nue.		CATEMENT OF CHANGES IN BEN OWNERSHIP OF SECURITIES				FICIAL	Estimated average burden hours per response 1.			
See Instruction 1(b). Form 3 Horal Reported Form 4 Transaction Reported	Filed purs	suant to Section 1 a) of the Public U 30(h) of the In	tility Holdin	g Compa	ny A	ct of 1	935 or Section	n			
	ddress of Reporting I F SHELDON	Symbol	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (N		3. Statement for Issuer's Fiscal Year Ended					(Check all applicable)			
52 SOUTH	BROAD STREE	12/31/2	(Month/Day/Year) 12/31/2013				Director 10% Owner X Officer (give title Other (specify below) below) EVP,General Counsel,Sec'y				
	(Street)	4. If Ame	endment, Date	Original		ϵ	5. Individual or Jo				
		Filed(Mor	Filed(Month/Day/Year)				(check applicable line)				
							(CHEC.	k applicable fille	,		
NORWICH	NY 13815					_	X_ Form Filed by Person				
(City)	(State)	(Zip) Tabl	e I - Non-Der	ivative Sec	uritie	s Acqui	ired, Disposed of	, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Date, if Transaction Code		sposed 4 and : (A)	l of	d 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Amount	or (D)	Price	(Instr. 3 and 4)				
NBT Bancorp Inc. Common Stock	12/31/2013	Â	J	61.021	A	\$ 0 (1)	1,228.348	I	401k		
NBT Bancorp Inc. Common	12/31/2013	Â	J	15.331	A	\$ 0 (2)	436.074	I	NBT Bancorp ESOP		

NBT

Bancorp

Inc. Â Â Â Â Â 18,298 D Â

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title an Underlyin (Instr. 3 a	ng Secu
				(A) (D)	Date Exercisable	Expiration Date	Title	Ai or Ni of

NBT Bancorp

Non-Qualified Ban Stock Option \$ 24.47 \hat{A} \hat{A} \hat{A} \hat{A} \hat{A} \hat{A} \hat{A} 05/01/2011 $\underline{\overset{(3)}{=}}$ 05/01/2020 Inc. (right to buy)

Common Stock

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

PRENTICE F SHELDON 52 SOUTH BROAD STREET Â NORWICH, NYÂ 13815

Â EVP,General Counsel,Sec'y Â

Signatures

F. Sheldon Prentice 02/12/2014

**Signature of Date
Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were purchased from 1/1/2013 through 12/31/2013 through NBT Bancorp Inc. 401k Plan.
- (2) Shares were purchased from 1/1/2013 through 12/31/2013 through NBT Bancorp Inc. ESOP Plan.
- (3) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.