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NBT BANC Form 4 January 19,												
										OMB AF	PROVAL	
FORM	4 UNITED	STATES				AND EX , D.C. 2			OMMISSION	OMB Number:	3235-0287	
Check th				0		-				Expires:	January 31,	
Subject to Section 16. Form 4 or			F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Estimated average burden hours per response 0.5		
obligatio may con <i>See</i> Instr 1(b).	ons Section 17(a) of the I	Public U	Itility I	Hol	lding Co	mpar	•	e Act of 1934, 1935 or Section 0			
(Print or Type	Responses)											
1. Name and A RAVEN D	Address of Reporting AVID E	Person <u>*</u>	Symbol			d Ticker o P INC [N			5. Relationship of I Issuer			
(Last)	(First) (1	Middle)				ransaction		- 1	(Check	k all applicable)		
52 SOUTH BROAD STREET			$\begin{array}{c} 01/15/2016 \\ \hline \\ \hline \\ \\ \hline \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ $					· · · · · · · · · · · · · · · · · · ·	ve title 10% Owner we title Other (specify below) ent of Retail Banking			
	(Street)		4. If Am Filed(Mo			vate Origin ^{ur)}	al		6. Individual or Join Applicable Line) _X_Form filed by On	ne Reporting Per	son	
NORWICH	I, NY 13815								Form filed by Mo Person	ore than One Rej	porting	
(City)	(State)	(Zip)	Tab	le I - N	on-]	Derivative	e Secu	rities Acq	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, ifTransactionor Disposed of (D)SecCode(Instr. 3, 4 and 5)Beray/Year)(Instr. 8)OwFol) 5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					(A) or				Transaction(s)	(I) (Instr. 4)		
NBT Bancorp				Code	v	Amount		Price	(Instr. 3 and 4)			
Inc. Common Stock	01/15/2016			F		246	D	\$ 25.11	25,947.032	D		
NBT Bancorp Inc. Common Stock	01/15/2016			F		253	D	\$ 25.11	25,694.032	D		
NBT Bancorp	01/15/2016			F		284	D	\$ 25.11	25,410.032	D		

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Inc. Common Stock								
NBT Bancorp Inc. Common Stock	01/15/2016	F	223	D	\$ 25.11	25,187.032	D	
NBT Bancorp Inc. Common Stock	01/15/2016	F	178	D	\$ 25.11	25,009.032	D	
NBT Bancorp Inc. Common Stock	01/19/2016	S	2,183	D	\$ 24.9518 (1)	22,826.032	D	
NBT Bancorp Inc. Common Stock						25,235.8379	I	401k
NBT Bancorp Inc. Common Stock						3,207.9817	Ι	NBT Bancorp ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of	SEC 1474
information contained in this form are not	(9-02)
required to respond unless the form	
displays a currently valid OMB control	
number.	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Date	Underlying Securitie
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	
	Derivative				Securities	3	
	Security				Acquired		
					(A) or		
					Disposed		
					of (D)		
					(Instr. 3,		
					4, and 5)		

		Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011 <u>(2)</u>	01/15/2020	NBT Bancorp Inc. Common Stock	18,0
Non-Qualified Stock Option (right to buy)	\$ 25.38					01/15/2010 <u>(2)</u>	01/15/2019	NBT Bancorp Inc. Common Stock	18,0

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer		Other			
RAVEN DAVID E 52 SOUTH BROAD STREET NORWICH, NY 13815			President of Re	etail Banking				
Signatures								
By: F. Sheldon Prentice, Power of Attorney For: David E. 01/19/2016 Raven								
<u>**</u> Signature of Rep	orting Person	n		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sale price is an average of 2,183 shares sold at prices between \$24.67 and \$25.37
- (2) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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